

## INTRODUCTION: THOUGHTS AND THANKS

COVID-19 is causing worldwide grief, upheaval & chaos. It has devastated families through the loss of countless lives.

We are all learning to live with COVID-19, so that we do our very best for our families, friends and neighbours: locally, nationally and internationally.

Phoenix:Global is also trying to do its best, by offering new, shared, international education opportunities in difficult circumstances. We start with this 3-day webinar, I do hope you enjoy both lectures & discussions.

For Phoenix to be truly global we must engage widely. Here we reach beyond our traditional partners (Wales, Namibia & Zambia), to new friends in Ethiopia, Somaliland & Iraq.

Our friendships grow.

I am very grateful to all speakers, keynotes and chairs, for selflessly sharing their time & experience, & to my country co-leads Dr Job Mwanza & Dr Jacob Sheehama. I must especially mention Rachel Freeman & Frauke Stegmann, with whom I constantly bounce around ideas.

Finally, my deepest thanks go to:

- the truly remarkable Phoenix team: Charlotte Brind, Tim Davies, Maria Gundy, Cath Hough, Saara Kamati, Simon Namesho & Nicola Pulman.
- all the stars of Phoenix MedEd, while especially mentioning Priya Rose Babu, Amanda Godoi & Matthew Lee.
- our sponsors for making this webinar possible: OTJ online & the Society of Anaesthetists of Wales. Thank you for your belief in us & your generosity.

Judith Hall, Cardiff Univeristy & University of Namibia



# CO-HOST WALES PROF JUDITH HALL OBE BA MA MD FRCA

- Professor Judith Hall Leads Cardiff University's Phoenix Project.
- She has worked in International Development for over 30 years.
- Phoenix:Global is her brain-child. Please support her and yourselves, in becoming the best #GlobalCitizen you can be.
- Support Phoenix in delivering the #GlobalGoals!
- Judith is a Professor of Anaesthetics and a doctor. She is a Consultant Anaesthetist in Cardiff. Wales.

# CO-HOST NAMIBIA DR JACOB SHEEHAMA MSC PHD

- Dr Jacob Sheehama is a medical biological scientist
- Dr Sheehama has completed many postdoc programs, including at Harvard School of Public Health in infectious Control, University of Washington in Health system Management
- Jacob works at the University of Nambia as Deputy Director Academic Affairs and Research, Oshakati Campus in Northern Namibia, and as UNAM Coordinator Health Sciences in the North.
- He is promoting access to quality healthcare through training and research alongside service delivery.

# CO-HOST ZAMBIA DR JOB DANIEL MWANZA MD MPH

- Dr Job Mwanza is a holder of Masters in Public Health from Cardiff University
- Job graduated as a medical doctor from the University of Zambia
- He has worked in the Ministry of Health in Zambia serving in rural communities
- He currently works as a Senior Advisor at ICAP, an international organisation that is providing technical support to the Ministry of Health in HIV/TB services

## EDUCATION: FUTURE AND GLOBAL

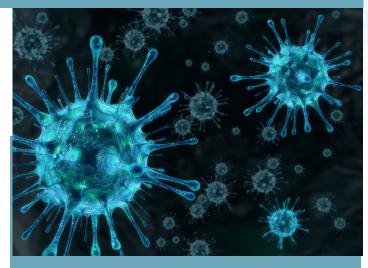
## International Development, SDGs, Wales & Well-Being of Future Generations, Wales & Africa

The Phoenix Project is an international development collaboration between Wales and Namibia, operated in response to the requirements of the Sustainable Development Goals by Cardiff University and University of Namibia through key implementation partners to create impact at scale.

The partners have a fully operational 9year Memorandum of Understanding focused on projects intended to have impact at national level by 2022.

Phoenix Project activity revolves around projects delivering Poverty Reduction, Health Promotion and Sensitive Sustainable Environmental Development,

Phoenix Project reaches out to communities in sub-Saharan Africa, forges relationships between partners and increases their global outlook and ability to make international connections.



## PHOENIX:GLOBAL & COVID-19

CARDIFF UNIVERSITY & UNAM HAVE BEEN WORKING CLOSELY IN E-LEARNING VIA THE CENTRE FOR OPEN DISTANCE AND E-LEARNING, UNAM.

DURING COVID 19 RESTRICTIONS, PHOENIX HAS DEVELOPED A DIGITAL STRATEGY & HAS STARTED CONDUCTING PROJECTS, CONFERENCES & EVENTS ONLINE, AS WELL AS DEVELOPING A NEW PLATFORM FOR SHARING INFORMATION.

#### PHOENIX:GLOBAL IS AN ONLINE SPACE, HOUSING:

- DETAILS OF EXCITING INTERNATIONAL CONFERENCES, SEMINARS & EVENTS;
- E-RESOURCES FROM WELL OVER 40 DIFFERENT DEVELOPMENT PROJECTS.

HTTPS://WWW.BMC.WALES/ABOUT-PHOENIX-DIGITAL

## PHOENIX PROJECT SUMMARY & ACHIEVEMENTS

Phoenix Project Lead, Judith Hall, is a Professor in the School of Medicine in Cardiff University.

She has been involved in many projects in sub-Saharan Africa, mostly medical and nurse education in countries including Zambia, Liberia & Benin with UK Charity Mothers of Africa. Successful projects over 15-years include:

- Nurse Anaesthesia Curriculum in Liberia:
- Out-patient process redesign Chongwe in Zambia;
- Education support for opening of operating theatres (Chongwe, Zambia);
- Development of Clinical Officer
   Anaesthesia programme in Benin;
- Building schools in Zambia;
- Development & implementation of MMedAnaes programme in Namibia.

Since inception in 2014, Phoenix has led over 40 different projects. In 2017, Phoenix reached out to the University of Zambia & started research following the award of an Erasmus International Credit Mobility grant with many exchanges between Namibia, Zambia & Wales.

## PHOENIX INTERNATIONAL LEARNING COURSE



## **DATE & TIME:**

23rd to 25th September 2020 Times are BST; CAT plus 1 hr & EAT/AST plus 2 hr

Morning session: 8.50 to 12.15 Lunch session: 12.15 to 12.55 Afternoon session: 12.55 to 14.45

Final session:

25th September 14,45 to 15.15

## **CONTACT INFORMATION:**

Charlotte Brind, Phoenix
Project Administrator,
Brindc@cardiff.ac.uk

## **ORGANISERS:**

Prof Judith Hall, Dr Job Mwanza, Dr Jacob Sheehama, Prof Brian Jenkins

#### TO REGISTER

Go to Bill Mapleson Centre website: https://www.bmc.wales/international-learning

#### **COURSE FEE**

£50 per day professionals from High Income Countries. FREE to students & professionals from LMIC, to Cardiff Uni & recognised partners.

#### JOINING ZOOM

Once registered you will be sent links to join Zoom Meetings. Here is information about how to join Zoom meeting from various devices:

https://support.zoom.us/hc/enus/articles/201362193-Joining-a-Meeting

## RULES FOR LECTURES & WORKSHOPS

Microphones off & video cameras on. Use chat to make comments & ask questions throughout. If question aren't answered immediately then they will be answered after the seminar if possible.

## RULES FOR BREAKOUTS, DISCUSSIONS ROUNDTABLES

Please keep your microphones off until asked to turn them on. Keep video cameras on.

Raise hand to ask questions & avoid using chat

## 23rd September 2020 DAY 1

## **MORNING SESSION**

08.40-08.50

## Opening Statement Prof Judith Hall:

Phoenix's background, experience & trajectory. Why this learning event now?

## International responses to COVID-19: update on different strategies

Chair: John Haufiku co-Chair Miss Abi Butt 08.50-09.10 Rachel Freeman (Namibia); 09.10-09.30 Job Mwanza (Zambia); 09.30-09.50 Andrew Freedman (Cardiff, Wales). 09.55 - 10.25 Panel Discussions

## PROGRAMME

## Communications & health promotion in a global crisis

Chair Dr Jacob Sheehama, co-Chair Dr Mariam Dahir 10.40-11.00 Keeping people informed Simon Namesho (Namibia);

11.00-11.20 Health promotion strategies Oliver Mweemba (Zambia);

11.20-11.40 New and innovative communication tools Frauke Stegmann (Namibia).

11.45-12.15: Panel Discussions

#### 12.15-12.55 Lunch time focus

Chair Prof Judith Hall
Medicine & Health in
Somaliland: Dr Hassan Ali
Daoud & Dr Mariam Abdillahi
Dahir

#### 12.55-13.15 Keynote speech:

Chair Prof Karen Holford DVC Cardiff University High Commissioner for Namibia to the UK Linda Scott:

Namibian progress in the United Nations Sustainable Development Goals

## **AFTERNOON SESSION**

## 13.15-14.45 Workshop 1: Managing an International Development Partnership

Leads: Nicola Pulman, Saara Kamati, Amanda Godoi 13.15-13.55 Principles of Project Management; 13.55-14.45 Roundtable exercises

### 13.15-14.45 Workshop 2: Remote & Challenging Anaesthesia: Education

& discussion.

Chairs: Brian Jenkins & Priya
Babu: Presentations & discussion
13.15-13.45 UNAM Masters in
Medicine (Anaesthesiology)
Programme: Prof Jenkins;
13.45-14.15 The SAFE programme:
Dr Tei Sheraton;
14.15-14.45 Student Mentoring:
Dr Sheraton.

## 24th September 2020 DAY 2

## **MORNING SESSION**

## Maternal Mortality Africa & UK

Chair: Dr Job Mwanza; co-Chair Mr Nathan White

08.50-09.10 Zambian experience & strategies.

Dr Mulaya Mubambe;

09.10-09.30 Namibian experience & strategies.

Dr Chris Terblanche;

09.30-09.50 Welsh experience & strategies.

Dr Monica Chawathe.

09.55-10.25 Panel discussion

## PROGRAMME

## Multi-lingualism: communicating effectively where languages are many

Chair: Prof Jairos Kangira & Dr Luisa Percopo 10.40-11.00 Challenges of Multilingualism in Wales.

Dr Percopo;

11.00-11.20 Many languages in Zambia. Prof Jimaima Hambaba; 11.20-11.40 Multilingualism & classroom practices in Namibia Dr Selma Ashikuti. 11.45-12.30 Panel Discussion

12.15 - 12.55 Lunch

12.55-13.15 Keynote
Chair Prof Steve Riley, Dean
School of Medicine, Cardiff
University

Prof Yifru Berhan, Consultant Obstetrician & Gynaecologist, St Paul's Millennium Medical College, Addis Ababa, Ethiopia:

COVID-19 in pregnancy: why is mortality incomparably low?

## **AFTERNOON SESSION**

13.15-14.45 Workshop 3
Higher Education Strategies in a
Global Pandemic

Prof Rhian Goodfellow, Dr Antony Simbeya 13.15-13.55 *Principles & progress*; 13.55-14.45 *Roundtable discussion*.

Leads: Dr Maggy Beukes-Amiss,

13.15-14.45 Workshop 4
Remote & Challenging
Anaesthesia: Practical Issues

Chairs Prof Jenkins & Susanna Enongene: Presentations & discussion.

13.15-13.45 Changing practice from Swansea to Oshakati.

Dr Chris Terblanche;

13.45-14.15 Paediatric anaesthesis

in the Developing World.

Dr Monica Chawathe;

14.15-14.45 Obstetric angesthesia in the Developing World:

Dr Chawathe.

## 25th September 2020 DAY 3

## **MORNING SESSION**

Why are trees and habitats important?

Chair: Frauke Stegmann (Namibia)

09.10-09.30 Dr Simon Angombe
University of Namibia (Namibia);

09.30-09.50 Ms Nicola Pulman Phoenix Project Manager (Cardiff, Wales).

09.55-10.25 Panel discussions

## PROGRAMME

**International NGO: Global Crisis** 

Chair: Jon Townley (Wales) & Amanda Godoi (Cardiff Uni) 10.40-11.00 UNAM Cares how does it operate? Dr Rachel Freeman (Namibia);

11.00-11.20 Mothers of Africa responding to COVID-19. Dr Job Mwanza (Zambia);
11.20-11.40 NGOs in Somaliland: operating during crisis: Dr Mariam Dahir
11.45-12.15 Panel discussion

12.15-12.55 **Lunch time focus**Chairs Prof Hall & Miss Hilja-Aili
Shaanika
Introduction to United Iraqi
Medical Association: Dr Rafid Aziz
Health System in Iraq; Challenges
& Future: Dr Moayed Aziz

12.55-13.15 **Keynote Chair Prof Colin Riordan VC Cardiff University** 

Prof Kenneth Matengu VC
UNAM
The Educational & Economic
Cost of COVID-19 to Namibia

## **AFTERNOON SESSION**

13.15-14.45 Phoenix MedEd Human Healers: Coping in Chaos

Chair: Mr Matthew Lee
13.15-13.20 Who are Phoenix
MedEd? Introducing ourselves!
13.20-13.45 Dr Esther Murray (UK)
13.45-14.10 Dr Vivienne Hakaaje
(Namibia)
14.10-14.45 Q & A panel session

13.15-14.45 Workshop 6
Remote Anaesthesia: Drugs &
Equipment

Prof Jenkins & Dr Sheehama: 13.15-13.45 Oxygen supply: Dr Sunil Dasari;

13.45-14.15 Using ketamine: Prof Jenkins;

14.15-14.45 Portable anaesthetic apparatus.

14.45-15.15
Final Words from Phoenix
Friends, Chair Simon Namesho

Drs Mwanza, Sheehama & Hall



#### Namibia's High Commissioner HE Linda Scott

Her very first diplomatic posting was to the UK in 1990, following independence, when, together with Mr Taapopi, she opened the High Commission. She returned to London in 2018 as High Commissioner.

Growing up in Windhoek, Namibia, Ms Scott was actively involved in church-based anti-apartheid activities & later joined the Namibian National Student Organisation.

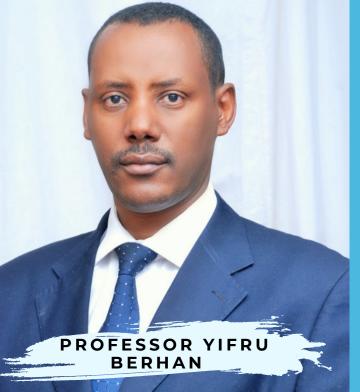
Completing her Bachelors & Honours degrees in Social Science & African Studies at the University of Cape Town, she returned to Namibia to teach English. She later obtained a Masters in Governance & Political Transformation from the University of the Free State in South Africa.

Immediately after independence she joined the Foreign Ministry & has spent 30 years in the diplomatic service. High Commissioner Scott has served as First Secretary in Cuba, Sweden, Belgium & Botswana, and Counsellor in Nigeria & Ethiopia. She served as Personal Assistant to the then Deputy Minister of Foreign Affairs, and was also the Rapporteur for the 1995 Beijing Conference on Women.

When posted to the Ministry of International Relations and Cooperation, her positions included Desk Officer for several countries, Deputy Director for Southern Africa (2007-2009) and Director in the Department of Multilateral Relations & Cooperation (2014-2016). In 2016, Linda Scott took up the position of Deputy Permanent Representative at the Namibian Permanent Mission to the United Nations, New York.

Having presented her credentials to Her Majesty Queen Elizabeth II in May 2019, High Commissioner Scott has been concurrently accredited as High Commissioner to Malta, & Ambassador to Greece & Ireland.

# ROFESSOR KENNETH MATENGU



#### Professor Kenneth Kamwi Matengu

Vice Chancellor of the University of Namibia.

PhD Human Geography from University of Eastern Finland.

Research interests include access & equity in education, higher education governance & management.

Over 60 publications in tourism, community-based management, decentralisation of rural water supply and local government.

Interests include Indigenous Knowledge, innovation diffusion, technology transfer & the knowledge-based economy. A member of many international academic bodies, he also serves as a Commissioner for the International Geographical Union.

#### Professor Yifru Behran

Consultant and researcher at St Paul's Hospital Millennium Medical College, Addis Ababa Ethiopia.

Former Minister of Health of Ethiopia.

College head with Vice President rank at Addis Ababa University and Hawassa University.

Has published 86 peer-reviewed articles and books.

Has 22 years of clinical, research, teaching, and leadership experience.



## Luisa Percopo

Teacher of Translation & Interpreting Cardiff University. Trilingual: Italian, English & Sardinian.

Expertise in translation, adaption & transcodification studies & cultural studies & photography.

Phoenix sub-Lead in Transnationalizing Modern Languages



Selma Ashikuti

Lecturer in Language & Literature Studies & Sociologist, UNAM. Expertise in multilingualism, language policy & planning

Erasmus International Credit Mobility fellow 2020, for Phoenix Project.



Oliver Mweemba

Department of Health
Promotion and Education,
University of Zambia (UNZA)

Expertise in applying social science theories & methods in complex public health, health promotion and medical interventions and research projects in Africa.

Phoenix Project Commonwealth
Professional Fellow 2020

#### Sunil Dasari

A consultant in anaesthesia & pain medicine at University Hospital of Wales, Cardiff. MBBS & MD Anaesthesia from India, & Anaesthesia training in London & Wales.

'I love to teach & learn from others. Travelling to Namibia for Phoenix project while working as Lecturer gave me the opportunity to know about its people & their culture'.



DR. MAGGY BEUKES-AMISS

Monica Chawathe

Consultant Anaesthetist
CTM UHB NHS trust
Main interests Paediatric
& Obstetric Anaesthesia
Lead for simulation
training in trainees

Supported Mothers of Africa for over 10 years Teaching visits to Liberia Zambia & Namibia

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Maggy Beukes-Amiss

Director, Centre for Open, Distance & eLearning UNAM

Chairperson Telecommunications Regulatory Boards

National & International Mobile Applications Review

Postgraduate Supervisor ICT related topics

Namibian National ICT Policy Advisor

Keynote Speaker, Master of Ceremonies, National & International Conferences





Simon Angombe

Dean of Agriculture, University
of Namibia
GIS Lecturer Department of
Geography, History &
Environmental Studies

PhD in Agricultural Ecology,
Russian State Agricultural
University
Ministry of Agriculture, Water
and Forestry, Forest Inventories;
applying GIS, Remote Sensing

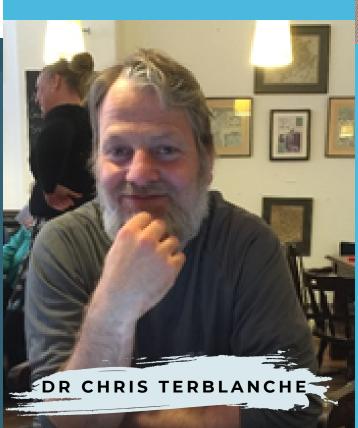
Pursuing research in agroecological evaluation, agricultural land-use optimisation & mitigation of agro-ecological risks using GIS

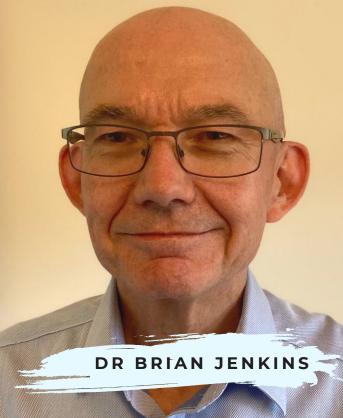
#### Chris Terblanche

Specialist Anaesthetist
Oshakati Intermediate
Hospital, Namibia
Expertise in Emergency &
Orthopaedic Anaesthesia

Consultant in Anaesthesia and Intensive Care in Swansea,
South Wales

Phoenix Project involvement in training in Anaesthesia in Namibia





Brian Jenkins

Consultant Anaesthetist & Intensivist.

Interests in Medical Education & Global Health. Programme Lead for UNAM MMedAnaes

Phoenix Project Lead for Anaesthesia & clinical lead for Cardiff University's Bill Mapleson Education Centre

#### Andrew Freedman

Reader, Honorary Consultant Infectious Diseases, Cardiff University, University Hospital of Wales

Secretary British HIV Association

MHRA Infection Expert Advisory
Group

Lead PI for Covid-19 vaccine trials in Wales

Extensive experience of working in African countries, including providing educational support to UNAM School of Medicine through Phoenix Project

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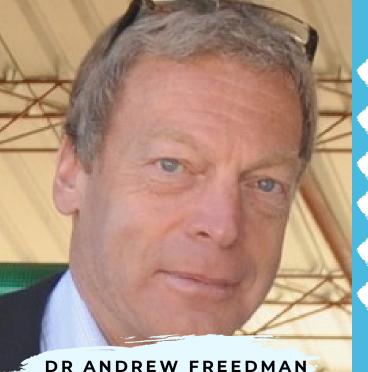


Nicola Pulman

Cardiff University Project Manager for Phoenix.

Background in Wildlife Conservation & Sustainable Livelihoods sub-Saharan Africa & UK

Expertise in Project
Management in sub-Saharan
Africa



Rachel Freeman

Senior Lecturer Social Sciences
University of Namibia
Expertise in Sociology particularly
palliative care, Hepatitis E,
substance abuse & COVID 19

Director UNAM Cares at the University of Namibia

Phoenix Project Lead for Social Science projects including Hepatitis E





Saara Kamatii 🔍

UNAM Project Management for the Phoenix Project

Expertise in Project

Management for University

of Namibia

Secretary to the Pro Vice Chancellor for Research, Innovation & Development

#### Mulaya Mubambe

Specialist in Obstetrics & Gynaecology Levy Mwanawasa University Teaching Hospital.

Completed postgraduate studies at University of Zambia & pursued a sub-specialty in Fertility Medicine in India. Currently studying postgraduate diploma in sexual & reproductive medicine at University of South Wale with MERCK foundation support.

2019 Phoenix Commonwealth Professional Fellow at University Hospital of Wales.

Her passion is in promoting maternal health: "No woman should die while giving life"





Rafid Aziz

Medical Director integrated
Urgent Care (Herts Care)
Family Doctor (GP)

President: United Iraqi Medical Association UK & Ireland UIMA.

Member of Royal College of General Practitioners, London. Member of Royal College of Anaesthetists MSc in Anaesthesia and Intensive Care Medicine, Cardiff, Wales. MBChB, College of Medicine, Baghdad University, Iraq Frauke Stegmann

Lecturer in Design UNAM

Expertise in Visual
Communication, Risk
Communication & Multi-lingual
Communication

Phoenix Project Lead for Visual
Communication including
Hepatitis E project
Phoenix Lead on Cardiff
University's Global Opportunities
international student exchange
programme in Namibia





#### Rhian Goodfellow

Director Centre for Medical Education, Cardiff University Programme Director of the undergraduate medical course Cardiff University

Instrumental in development of the new C21 undergraduate programme Cardiff University

Delivers high quality, evidenced based clinical care in Rheumatology to the population of Cwm Taf UHB

Personal Chair from Cardiff
University

#### Vivienne Hakaaje

Recent medical graduate from Namibia's first ever, and locally revered. Medical School at the University of Namibia Junior doctor completing her medical internship in Oshakatia State Hospital Completed an Undergraduate Elective in Uganda's Makerere University Phoenix Project Student Programme alumna, spent 3 months in Cardiff University at University Hospital of Wales Involved in steering Phoenix MedEd, a growing international platform for continuous collaborative learning between Namibia, Zambia & Cardiff University





MR SIMON NAMESHO

#### Simon Namesho

Marketing Officer UNAM Communications & Marketing.

Experienced marketing communications expert with a demonstrated history of working in the tertiary education sector.

Skilled in advertising, marketing, public speaking & corporate communications.

#### Tei Sheraton

Consultant Anaesthetist in Aneurin Bevan University
Health Board

Vast experience, over several decades and in several Continents, in teaching Anaesthesia & Resuscitation in countries undergoing development.

Honorary Secretary of the Association of Anaesthetists of Great Britain & Ireland.

Previous Chair of the Board of Trustees of Mothers of Africa.





#### Jimaima Hambaba

Head of Department,
Literature & Language,
School of Humanities &
Social Sciences, UNZA.
Specialist in linguistics
whose research interests
revolve around semiotics,
multilingual memories,
sociolinguistics, & the
extended view of
multimodality.

Commonwealth Professional Fellow 2019
Phoenix Project



Esther Murray

CPsychol AFBPsS SFHEA, Senior Lecturer in Health Psychology for Queen Mary University of London Expertise includes cardiac care in service improvement and psychological interventions for patients

First researcher in UK to explore concept of moral injury in medicine.

Member of the Faculty of Prehospital Care's Project CARE working group. Mariam Dahir

Leads primary health care interventions project SHINE Supply Awdal, Somaliland

Over 7 years' experience managing health projects.

First female program manager at the MoH leading HIV program 2012-2013.

Led medical education, health sector regulation 2013-2015

Trains health workers responding to COVID-19.

Leads awareness-raising & health education within the community through her platform #Health Falks.



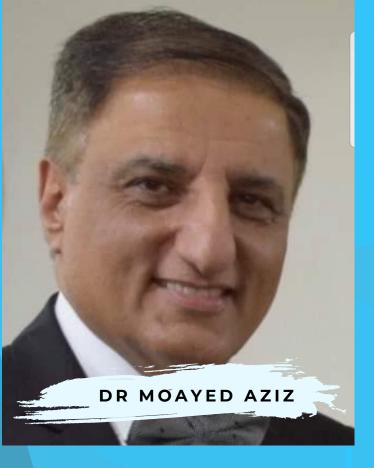


Hassan Daoud

Activist fighting for social change with a great passion for improving healthcare in Somaliland.

Founded & led organisations including InciSioN
Somaliland, Youth4Health, Somaliland Federation of Médical Students Association. Graduated from Amoud Medical School.

Doctor at Hargeysa Group
Hospital. Currently member
of InciSioN International
Team, International
Association of Student
Surgical Society.



#### Moayed Aziz

MBChB (Baghdad), DA(Iraq), DA(UK), FRCA

Consultant in Anaesthesia & Intensive Care Prince Charles Hospital, Cwm Taf University Health Board

EC member of United Iraqi Medical Association UIMA

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